

MANDATORY FREE ON-LINE COURSE FOR YOU TO TAKE BEFORE YOU START PRACTICE

DIRECTIONS:

- Go to <http://www.nfhslearn.com>
- On the right hand side, you will need to **LOGIN**, if this is your first time on this site, you will need to choose the "Register Now" option.
- Once you are logged in click to access the free course, **CONCUSSION IN SPORTS WHAT YOU NEED TO KNOW** (located on the lower left side of this home page).
- The next screen will ask you to ORDER this elective course, **click ORDER NOW**.
- At the next page, click the button for ordering a class for myself, then **click continue**.
- Choose the course for Pennsylvania and click **save**.
- This is a site where you can purchase on-line classes so they will ask you to check out (price is \$0.00) or continue shopping.
- At this point you want to **check out** and then **complete purchase** (\$0.00)
- To access the course, click on [here](#) and then take the course (15-20 min)
- After you have completed the course, you will get a Completion Code and a certificate.
- You must download the certificate, print out and return to your athletic association.